



UST JUNIOR HIGH SCHOOL LIBRARY

PATHFINDER IN **MAPEH**

Guide to the resources and general collection of the library



No. of Collection

• Books	34
• Printed Journals	0
• Electronic Resources	9
• Audio Visual Materials	5
• Recommended Websites	17

Music

Scope Note

Library information sources on Basic Elements of Music, Timbre and Structure of Music, Indigenous Cultural Music, Southeast Asian, East Asian, Southern and Western Asian Music, Afro-Latin American Music, Music and Dance of the Renaissance and Baroque, Classical Period, Romantic Period, Post Romanticism, Opera Music, Popular Music, Contemporary Music and Dance, Contemporary Philippine Music, and Other Multimedia Forms.

Books

- Blatter, A. (2017). *Revisiting music theory : basic principles*. New York: Routledge [MT6 .B613 2017].
- Cavanagh, L. (2015). *Guitar for songwriters*. Boston, MA: Cengage Learning PTR [MT588 .C314 2015].
- Charlton, K. (2015). *Rock music styles : a history*. New York: McGraw-Hill Education [ML3534 .C381 2015].
- Dietz, D. (2015). *The complete book of 1970s Broadway musicals*. Lanham, Maryland: Rowman & Littlefield [ML1711.8.N3 .D568 2015].
- Feinstein, J. (2016). *The legends club : Dean Smith, Mike Krzyzewski, Jim Valvano, and an epic college basketball rivalry*. New York: Doubleday [GV884.A1 .F327 2016].
- Gonzales, G. (2015). *Fashionable Filipinas : an evolution of the Philippine national dress in photographs 1860-1960*. Makati City, Philippines: Slim's Legacy Project Inc. [GT1540 .G589 2015].
- Harris, D. D. (2016). *Beginning musical theatre dance*. Champaign, Illinois: Human Kinetics [GV1589 .H24 2016].

- Jackson, J. (2018). *Chords for Kids (Pick Up and Play) : quick start, easy diagrams*. London: Flame Tree Publishing [MT239 .J135 2018].
- Learning to teach music in the secondary school : a companion to school experience*. (2016). London: Routledge [MT3.G7 .L479 2016].
- Miller, T. E. (2017). *World music : a global journey*. New York: Routledge [ML3545 .M618 2017].
- Patterson, J. (2014). *Concise history of theatre*. Boston: Pearson [PN2101 .P277 2014].
- The classical music book*. (2018). London: Dorling Kindersley Publishing [MT90 .C569 2018].
- The history of music*. (2016). New York, NY: Britannica Educational Publishing [ML3928 .H629 2016].
- Thomas, C. (2016). *Composing music for games : the art, technology and business of video game scoring*. Boca Raton, FL: CRC Press [MT64.V53 .T361 2016].
- Worlds of music : an introduction to the music of the world's peoples*. (2017). Australia: Cengage Learning [ML3545 .W893m 2017].
- Wright, C. M. (2017). *Listening to music*. Boston, MA: Cengage Learning [MT6 .W93 2017].

Audiovisual Materials

- Miller, T. E. (2017). *World music : a global journey*. London: Routledge [ML3545 .M618 2017].

Physical Education

Scope Note

Library information sources on Physical Education, Exercise and Fitness, Strength and Endurance, Wealth Management, Healthy Lifestyle, Sports i.e. Basketball, Volleyball, Badminton, Football, and Baseball, Team Sports, Sports Officiating, Recreational Activities, Philippine Folkdance, Asian Folkdance, Cheer Dancing, Social Dancing, Ballroom Dancing, Hip-Hop Dancing, Other Dance Forms and Outdoor Activities.

Books

- Abrams, J. P. (2017). *Boys among men : how the prep-to-pro generation redefined the NBA and sparked a basketball revolution*. New York: Three Rivers Press [GV885.514 .Ab83 2017].
- Afremow, J. A. (2013). *The champion's mind : how great athletes think, train, and thrive*. New York: Rodale [GV706.4 .Af82 2013].
- Antolihao, L. (2017). *Playing with the big boys : basketball, American imperialism, and subaltern discourse in the Philippines*. Quezon City: Ateneo de Manila University Press [GV885.8.P6 .An88 2017].
- Liebman, H. L. (2015). *Core fitness*. New York: Rosen Publishing [GV481 .L622 2015].

Nimor, C. F. (2018). *Sayaw Sugbo : cebuano folk dances*. Cebu City: Ramon Aboitiz foundation Inc. [GV1703.P6 .N617 2018].

Play therapy : a comprehensive guide to theory and practice. (2015). New York: The Guilford Press [RJ505.P6 .P698c 2015].

Serrano, S. (2017). *Basketball (and other things) : a collection of questions asked, answered, illustrated*. New York: Abrams Image [GV885.515.N37 .Se68 2017].

Summerscale, C. (2016). *How to play chess*. London: Dorling Kindersley Limited [GV1446 .Su64 2016].

Zuckerman, G. (2017). *Rising above : how 11 athletes overcame challenges in their youth to become stars*. New York: Puffin Books [GV697.A1 .Z83 2017].

Audiovisual Materials

Bosler, C. (London). 15 minute dance workout. 2008, Dorling Kindersley [RA781.15 .B652 2008].

Eskrimadors : a Filipino martial arts documentary. (2009). [Philippines]: Pointsource Films [GV1127.P6 .Es46 2009].

Health

Scope Note

Library information sources on Personal Health, Sexuality and Family Health, Human Growth and Development, Nutrition, Health Assessment, Safety and Basic First Aid, Proper Hygiene, Drugs and Substance Abuse, Mental Health, Diseases, Disease Prevention, Injury Prevention, Environmental Health, Health Issues, Health Services, and Laws and Policies on Consumer Protection.

Books

Hales, D. (2018). *Personal stress management : from surviving to thriving*. Boston, MA: Cengage Learning [RA785 .H137 2018].

Harris, M. J. (Hoboken, New Jersey). *Evaluating public and community health programs*. 2017, Jossey-Bass & Pfeiffer Imprints [RA440.4 .H242 2017].

Hoeger, W. (2017). *Lifetime physical fitness & wellness : a personalized program*. Stamford, CT: Cengage Learning [RA427.8 .H671 2017].

Hubbard, R. L. (2015). *What degree do I need to pursue a career in health care?* New York, NY: Rosen Publishing [R690 .H861 2015].

Janssen, M. B. (2017). *The book of self-care : remedies for healing mind, body, and soul*. New York: Sterling Ethos [RA776.95 .J267 2017].

- Kennerley, H. (2017). *An introduction to cognitive behaviour therapy*. London: Sage Publications [RC489.C63 .K392 2017].
- Marquez, R. M. (2016). *Health education : a modular approach*. Mandaluyong City: Books Atbp. Publishing [RA440 .M348 2016].
- Milosavljevic, N. (2016). *Holistic health for adolescents*. New York: W.W. Norton & Company [RJ503 .M637 2016].
- Seaward, B. L. (2015). *Managing stress : principles and strategies for health and well being*. Burlington, MA: Jones & Bartlett Learning [RA785 .Se19 2015].

Audiovisual Materials

- Personal hygiene : healthy me II : looking ahead (about boys)*. (2004). [United States]: Cerebellum Corporation [RA776 .P432 2004].
- Personal hygiene : healthy me II : looking ahead (about girls)*. (2004). [United States]: Cerebellum Corporation [RA776 .P432g 2004].

Electronic Resources

1. EBSCO Host Explora Secondary Schools
2. Gale Student Resources (Gale in Context: High School)
3. Oxford Music Online
4. Oxford Reference Online
5. Taylor and Francis
6. Access Medicine
7. ScienceDirect
8. Proquest
9. Kanopy

Recommended Websites

1. Teacher Vision - <https://www.teachervision.com/subject>
2. Classical Archives - <https://www.classicalarchives.com/>
3. Music Theory - <https://www.musictheory.net/>
4. Keeping Score - <http://www.keepingsscore.org/>
5. The Art of Education University - <https://theartofeducation.edu/>
6. Art & Education - <https://www.artandeducation.net/>
7. Art Museums - <http://www.artmuseums.com/>
8. Philippine Festivals - <http://www.ethnicgroupspilippines.com/>
9. Operabase - <https://www.operabase.com/en>
10. Google Arts & Culture - <https://www.google.com/culturalinstitute/beta/>
11. The Physical Educator - <https://thephysicaleducator.com/>
12. Sports and Development - <https://www.sportanddev.org/en>

13. PE Central - <http://www.pecentral.org/>
14. Educational Technology Clearinghouse - <https://etc.usf.edu/pe/>
15. World Health Organization Philippines - <https://www.who.int/philippines>
16. Nourish Interactive - <http://www.nourishinteractive.com/>
17. Healthy Lifestyle Choice - <https://www.hlconline.org/>